

Cooking

MADE SIMPLE

House Specialities

	Hot	Chilled
1. Lasagne Traditional meaty Bolognese layered between sheets of pasta & mornay sauce, topped with grated cheese	£7.70	£6.55
2. Tetrazzini Strips of chicken, with fusilli, caramelised onions, garlic & mushroom in a creamy cheese sauce, topped with grated cheese	£7.70	£6.55
3. Cannelloni Vegetariani Pomodoro sauce with tubes of pasta filled with seasoned spinach garlic & ricotta cheese, topped with mornay sauce & grated cheese	£7.35	£6.25
4. Ravioli con Pomodoro Open ravioli filled with ricotta and grana padano cheese & mushroom on pomodoro sauce with cherry tomatoes & fresh basil, topped with a creamy sauce & grated cheese	£7.35	£6.25
5. Cannelloni al Salmone Pomodoro sauce with tubes of pasta filled with oak roasted salmon & ricotta cheese, topped with mornay sauce & grated cheese	£8.50	£7.25
6. Cannelloni con Carne Pasta tubes filled with our traditional Bolognese sauce, topped with mornay sauce & grated cheese	£7.55	£6.45
7. Pasticcio di Carne An Italian style cottage pie with traditional meaty Bolognese, topped with a creamy mash & polenta, finished with grana padano cheese	£7.55	£6.45

Tomato Sauce Pasta

	Hot	Chilled
10. Basilico Pomodoro sauce made to our traditional recipe with fresh basil & black olives, served with spaghetti	£4.40	£3.75
11. Carrettiere Tuna with smoked bacon, mushroom, chilli & garlic in a pomodoro sauce with fusilli	£6.25	£5.35
12. Polpette Meatballs with caramelised onions in a pomodoro sauce, with spaghetti	£5.99	£5.10
13. Vesuvius Cherry tomatoes, caramelised onions, broccoli, smoked cheese, chilli & garlic in a pomodoro sauce, with fusilli	£6.55	£5.60
14. Pollo Piccante Spicy chorizo sausage with strips of chicken breast & chilli in a pomodoro sauce, with tagliatelle	£6.85	£5.85
15. Pollo alla Cacciatora Strips of chicken breast with caramelised onions, black olives, bacon, garlic & mushroom in a pomodoro sauce, with penne	£6.99	£5.95
16. Paprikash Slow cooked beef in a sweet paprika sauce, seasoned with caraway seeds, served on penne with sour cream on the side	£6.99	£5.95
17. Spaghetti Bolognese A rich meaty sauce produced from an authentic Italian recipe, with spaghetti	£5.99	£5.10

Cream Sauce Pasta

	Hot	Chilled
20. Della Casa Smoked cheese with caramelised onions & rocket in a creamy pomodoro sauce, with tagliatelle	£7.55	£6.45
21. Boscaiola Garlic, mushroom & spinach in a creamy dolcelatte cheese sauce, with spaghetti	£6.25	£5.35
22. Pomodoro Affumicato Tomatoes & smoked cheese with mushroom & garlic in a creamy pecan pesto sauce, with fusilli	£7.55	£6.45
23. Pollo alla Crema Strips of chicken breast, mushroom, garlic & caramelised onions in a cheese & white wine sauce, with fusilli	£6.99	£5.95
24. Pollo alla Genovese Strips of marinated chicken breast with a creamy pecan pesto sauce, with fusilli	£6.99	£5.95
25. Al Salmone Oak roasted salmon in a creamy white wine & dill sauce, with spaghetti	£7.35	£6.25
26. Marinara Tuna and prawns flavoured with garlic & coriander in a creamy pomodoro sauce, with penne	£7.99	£6.80
27. Pollo all'aglio Strips of chicken breast, with lots of garlic & smoked cheese in a creamy white wine sauce, with fusilli	£7.55	£6.45

World Cuisine In the style of the country

	Hot	Chilled
40. Hungarian Beef Slow cooked beef in a sweet paprika sauce, with caraway seeds, served with rice & sour cream on the side	£7.35	£6.25
41. Moroccan Lamb Lean & tender lamb cooked with apricot & a subtle blend of Moroccan style spices, served with rice	£7.35	£6.25
42. Asian Butter Fish A meaty white fish with green beans & peas in a lightly spiced, buttery tomato sauce on a bed of rice	£6.99	£5.95
43. Mexican Chilli Chilli con carne made to an authentic recipe with fresh coriander, served with rice & sour cream on the side	£6.45	£5.50

Side Dishes

	Hot	Chilled
74. Funghi all'aglio Mushroom & garlic in a pomodoro sauce, topped with grated cheese	£3.99	£3.40
75. Funghi alla Crema Mushroom & garlic in a creamy spinach & cheese sauce, topped with grated cheese	£3.99	£3.40
76. Insalata Spinaci Spinach salad with sun-dried tomato, grana padano cheese shavings & red onion, with a lime and dill dressing	-	£3.25
77. Insalata Fagiolini Green beans with tomato, red onions, mushroom & capers in a garlic vinaigrette	-	£3.95
78. Insalata di Favi Broad beans, peas, celery, rocket & mint in a lemon vinaigrette, topped with grana padano cheese	-	£3.95

Cold Filled Ciabatta

	Chilled
30. Pollo Pimento Genovese Chicken & pimento with a pesto genovese dressing & salad	£3.25
31. BLT Italia Prosciutto ham, lettuce, tomato & mozzarella	£4.25
32. Salmone Affumicato Oak roast smoked salmon with lemon mayo & salad	£3.85
33. Formaggio Rustica Mature cheddar with balsamic onion confit & salad	£3.25
34. Pollo con Pancetta Chicken & bacon with honey mustard dressing & salad	£3.35
35. Formaggio e Uva Brie, spinach, grape & apple chutney	£2.95
36. Prosciutto con Cipolla Smoked ham & balsamic onion confit, with Salad	£3.45
37. Formaggio con Insalata di Cavolo Mature cheddar with salad & homemade coleslaw on the side	£2.95
38. Formaggio e Pancetta con Spinaci Brie and bacon with spinach & apple chutney	£3.45
39. Mozzarella Tricolore Mozzarella & tomato with pesto genovese & salad	£3.45

Hot Filled Ciabatta

	Hot
50. Colazione Bacon, egg & homemade tomato sauce with melted cheddar cheese	£3.95
51. Ricca Colazione Bacon, mushroom, egg & homemade tomato sauce with melted cheddar cheese	£4.25
52. Arrosto di Carne Sliced Beef, peppers & caramelised onions with honey mustard dressing & melted cheddar cheese	£3.95
53. Verdura Arrosto Mixed roast vegetables & red pesto with melted cheddar cheese	£3.45
54. Formaggio e Pancetta con Mirtillo Melted brie with bacon & cranberry sauce	£3.95
55. Di Capra Creamy goats' cheese & pimento with pesto genovese	£4.25
56. Polpette al Pomodoro Meatballs & caramelised onions in a tomato sauce with cheddar cheese	£3.75
57. Prosciutto Formaggio all'inglese English honey roast ham & cheddar cheese with caramelised onions	£3.95

Homemade Soup Served with ciabatta & butter

	Hot	Chilled
60. Zuppa di Pesce Sweet corn & smoked haddock chowder	£2.95	£2.50
61. Zuppa di Pomodoro Tomato & basil	£2.75	£2.25
62. Zuppa di Dolcelatte Dolcelatte & broccoli	£2.75	£2.25

Hot Drinks

660. Large cappuccino	£1.75
662. Double espresso	£1.75
684. Large americana	£1.75
665. Large mocha	£1.75
666. Large caffè latte	£1.75
463. Hot chocolate	£1.95
464. English breakfast tea	£1.50

Cold Drinks

467. Ice teas 250ml	£1.50
468. Mineral water 1ltr	£1.95
469. Mineral water 220ml	£0.99
480. Pago fruit juice 330ml	£1.75
481. Soft drink cans 330ml	£0.95
680. Firefly 330ml	£1.75

● Vegetarian

Stone Baked Pizza Freshly baked to order Hot

80. Margherita ● Traditional mozzarella cheese & tomato	£5.99
81. Salmone Arrosto Oak roast salmon, spinach & cherry tomatoes	£8.99
82. Pollo e Funghi Chicken & mushroom with caramelised onions	£7.99
83. Dia Volà Spicy pepperoni & Jalapeno peppers	£7.75
84. Quattro Formaggi Dolcelatte, mozzarella, grana padano & goats' cheese	£7.99
85. Fiorentina Spinach, olives, egg & grana padano cheese	£7.99
86. Capricciosa Smoked ham, pimentos, capers, anchovies, olives & egg	£7.99
87. Quattro Stagioni Pepperoni, mushroom, ham, onions & olives	£8.25
88. Tropicale Ham, pineapple & mushroom	£7.99
89. Rucola Prosciutto ham, rocket, caramelised onions, garlic & cherry tomatoes	£8.99
90. Vegetariani ● Caramelised onions, spinach, pimento & mushroom	£7.75
91. Rusticana ● Spinach, dolcelatte, mushroom & garlic	£8.50
92. Capra ● Goats' cheese, mushroom, garlic & pimento	£7.99
93. Con Carne Chicken, bacon, pepperoni & meatballs	£7.99
94. Primavera Spinach, mushroom, bacon, red pesto & garlic	£7.75
95. Garlic Pizza Bread With caramelised onion & grana padano cheese	£3.99
96. Garlic Pizza Bread With cherry tomatoes & grana padano cheese	£4.25
Extra Toppings	
Dairy & Veg	£1.00
Meat & Fish	£1.25
Oak Roast Salmon & Prosciutto Ham	£1.50

Garlic Bread Hot Chilled

70. Garlic Ciabatta ● A Ciabatta loaf filled with garlic & herb butter	£2.65	£2.25
71. Cheese Ciabatta ● A Ciabatta loaf filled with garlic, herbs & cheddar cheese	£3.25	£2.75
72. Deluxe Ciabatta A Ciabatta loaf filled with garlic, herbs, spinach, mushroom, bacon & cheddar cheese	£4.25	£3.60
73. Red Pesto Ciabatta ● A Ciabatta loaf filled with garlic, herbs, & sun-dried tomato pesto & cheddar cheese	£3.85	£3.25

Kid eats

MADE SIMPLE

We now produce Childrens Meals

If you give your little ones sandwiches at lunch, we can provide them with a hot healthy balanced meal for tea Monday to Thursday from just £2.50 a day. [Pick up a leaflet with next week's menus](#)

Parties

MADE SIMPLE

Whatever the occasion and we can provide great food, a full range of accessories and even arrange the venue to make your event special.

Whether you want it hot or cold, plated or buffet style we have a menu to suit your needs, although if you can't find exactly what you're looking for we can create the perfect menu just for you.

We have a reputation for providing food that is that little bit special. Our buffet menus start at just £4.95* per head and our drinks & snack service is available for less. If you want it delivered in, cooked on site or serving staff in attendance, it can all be arranged, or if you prefer just call and collect.

We provide functions in Leicestershire, Nottinghamshire & Derbyshire, with a loyal client base from local businesses and educational facilities alike.

There is always a special occasion around the corner and if you are arranging the celebration or paying for it yourself, you will want to ensure that it impresses your guests and that you get great value for money.

Parties made Simple is the name you can trust to deliver on your special occasion or event.

The team at **Cooking made Simple** can help to get you started. Simply ask for a copy of our Corporate Event or Private Party Menu.

For more information find us at:

197 Park Road, Loughborough,
contact us on **01509 261 269** or **01509 238 649**
or email info@thegastronomic.co.uk

*Excluding VAT

Cooking

MADE SIMPLE

It's Fast, Fresh & Fantastic

Take Away Menu

Chilled Pasta Meals • Stone Baked Pizza • Fresh Salads • Garlic Breads • World Cuisine • Filled Ciabatta • Deluxe Ingredients • Seasonal Specials
Breakfast • Homemade Desserts • Cappuccino
Chilled Pasta Meals • Stone Baked Pizza • Fresh Salads • Garlic Breads • World Cuisine • Filled Ciabatta • Deluxe Ingredients • Seasonal Specials
Breakfast • Homemade Desserts • Cappuccino

Free Delivery

Friday & Saturday Nights 5pm-10pm*

* Last orders 9.30pm, 3 mile radius over £15 spend.

Cooking Made Simple & Parties made Simple by
The Gastronomic Co.
THE ART OF GOOD EATING
Celebrating 10 Years 2000 - 2010

212 Park Road, Loughborough, Leics LE11 2HJ

01509 219 190

www.thegastronomic.co.uk